



# **NICARC NEWS**

## **NAVISTAR INTERNATIONAL CHICAGO AREA RETIREMENT CLUB**

Issue #58      Fall 2013

### **2014 Board of Directors**

President	Linda Waggoner
Vice President	Linda Dalaba
Co-Treasurers	Paul Monell
Membership	Paul Cygan
Co-Secretaries	Pat Hays
	Judy Ovník
Webmaster/Photo	Jack Brey
Newsletter	John Stopka
Immediate Past President	Doug Nyhus
Past President	John Sheahin
MEMBERS AT LARGE	John Arndt
	Bill Murphy
	Tom Peterson
	Dottie Pinto
	Arnie Uhlig
	Ralph Wilson

We send our thanks to Karen Dolinick who has resigned due to other commitments.

**Fellow Retirees:** If you should change your email address, and to ensure we send you timely CLUB information, please make sure you send your new email address to the NICARC email address at [nicarcboard@gmail.com](mailto:nicarcboard@gmail.com) we appreciate your help.

See the pictures that would otherwise be in the newsletter at [www.navistarretiree.org](http://www.navistarretiree.org)

## **TABLE TALK**

- No meaningful trips, but developing an affection with the newest grandson born 4/28/13 - Bryce Christopher. He joins Ryan Aaron, age 3 -- Elizabeth, age 7 -- Abigail, age 4 -- and Dylan, age 2.  
**Allan Cassidy**
- I have been working on the mayoral campaign for Steve Morley and he has been sworn in as mayor of Elmhurst as of Monday night and I watch City Council meetings in person.  
**Melva Walker**
- My wonderful older daughter is going to make me a grandma next January. We are all very happy to have our small family expand.  
**Lani Lacplesis**
- --My 7 grand nieces and nephews are just getting cuter and smarter. (A great aunt can say these things) Hopefully I'll get to Kansas City, Mo. for a relative's wedding and then on to Branson. (What about a cruise on Lake Michigan?)  
**Eileen Strong**
- Bring back the Prime Rib Please (no taste to the beef today)  
Bring back the baked Chicken and dressing...It was the best  
**Both from Anonymous**
- Douglas and Winnie Nyhus traveled to Minnesota three times over the summer to visit family and friends including our annual week at White Earth lake. We also traveled to Beaver Creek, Colorado for a family reunion. The weekend of September 7 was spent in Madison, Wisconsin to watch our daughter compete in the Iron Man Wisconsin race (2.4 mile swim, 112 mile bike ride and a marathon run). She finished third in her age group and was ranked 325 overall in a field of 2,300 participants.  
**Doug and Winnie Nyhus**

## **Deceased members - may they rest in peace**

Sophie Kohut died October 2, 2013. She had worked in the WH Mail Department. She had been retired from Navistar for 36 years.

## **Door Prizes from the Spring luncheon:**

### **Buck Barrel WINNERS**

**\$43 = Carol Pawlikowski**

**\$80 = Karen Jones**

**\$120 = Glenda Durzcyk**

**\$160 = Dick Slad**

**Watch = John Purcell**

**Wine Stopper = Carol Story**

**\$50 Lettuce Entertainment Gift Card = Gerald Witte & Terry Drenth**

## **Now The NEW Alphabet:**

- A's for arthritis;
- B's the bad back,
- C's for the chest pains, perhaps car-di-ac?
- D's for dental decay and decline,
- E is for eyesight, can't read that top line!
- F is for fun and fluid retention,
- G is for gut droop, which I'd rather not mention.
- H is for high blood pressure--I'd rather it low;
- I for incisions with scars you can show.
- J is for joints, out of socket, won't mend,
- K is for knees that crack when they bend.
- L is for listlessness,
- N is for neuralgia, in nerves way down low;
- O is for osteo, bones that don't grow!
- P for prescriptions, I have quite a few, just give me a pill and I'll be good as new!
- Q is for queasy, is it fatal or flu?
- R is for reflux, one meal turns to two.
- S is for sleepless nights, counting my fears,
- T is for Tinnitus; bells in my ears!
- U is for urinary; troubles with flow;
- V for vertigo, that's 'dizzy,' you know.
- W for worry, now what's going 'round?
- X is for X ray, and what might be found.
- Y for another year I'm left here behind,
- Z is for zest I still have -- in my mind!

**I've survived all the symptoms, my body's deployed, And I'm keeping twenty-six doctors fully employed!**

## **Next Luncheons:**

**Weds 12/4/13 (get those reservations/food choices in) 5/07/14 and 12/03/14**