

April 23, 2016

Dear Members of the Navistar International Chicago Area Retiree Club,

Spring has finally arrived, although on a bit of the cool side, which is certainly okay with me! I hope you are all out in the sunshine, soaking up some vitamin D and staying active, before the hot season begins.

The NICARC Board has met twice since our Christmas Luncheon, making plans for our Spring Luncheon on May 11 and the 2016 Holiday Luncheon in December. You have until May 2 to put in your reservation for the May 11 event. If you did not receive an invitation or have misplaced it, reply to this email and I will send it to you, or contact Paul Monell at paulcabot1@comcast.net. Our guest speaker will be Donna Dorsey, who will give us an update on Navistar and answer any questions you may have.

Here are some recent news items about Navistar:

- The Company had a net loss in the first quarter of 2016 of \$33 million on revenue of \$1.8 billion.
- The Company expects to be profitable for 2016 and end with positive manufacturing free cash flow.
- In February, Navistar launched the new HX series of premium severe service trucks. The launch was well received with 300 orders during the first week after the launch.
- Navistar has settled a lawsuit with SEC about disclosures on their exhaust treatment approach. A separate lawsuit against Dan Ustain was not settled.
- CEO Troy Clark is seeking alliances with other manufacturers to grow our business. The Company has agreed to build medium duty trucks for General Motors, due to launch in 2018 under the Chevrolet brand.

On display near the check-in table will be a book, *International Harvester Trucks: A Complete Story*, By Patrick R. Foster. The book focuses on the trucks themselves including collectible machines such as the Travelall and Scout. It contains hundreds of never-before-seen archival photographs. Mr. Foster is a well-known and respected automotive writer and historian. The publisher is offering us a club discount of 50% if we get at least 10 orders, for a price of \$22.50. There will be a sign-up sheet for those who are interested.

Some of the feedback I received after my last letter to you indicated that there may be people out there who would like to attend our luncheons at Drury Lane, but do not have transportation. At our last Board meeting we discussed ways to try to connect up people who needed a ride with those willing to offer a ride. We were unsuccessful in figuring out a way to do that. So if you are someone who needs a ride, please reach out to others in your area who might be willing to pick you up. And if you are someone willing to offer a ride, please reach out to those who you think might need one. Another option is to use an UBER service. Several people I have talked to about UBER are very pleased with the service, finding it efficient, dependable and reasonably priced.

As we get older, we face various health issues. All of us know someone who has died before their time, after a long illness or a sudden death. Here is a health tip that could have meaning for all of us.

HOW TO SURVIVE A HEART ATTACK WHEN ALONE

Since many people are alone when they suffer a heart attack without help, the person whose heart is beating improperly and who begins to feel faint, has only about 10 seconds left before losing consciousness.

However, these victims can help themselves by coughing repeatedly and very vigorously.

A deep breath should be taken before each cough, and the cough must be deep and prolonged, as when producing sputum from deep inside the chest.

A breath and a cough must be repeated about every two seconds without let-up until help arrives, or until the heart is felt to be beating normally again. Deep breaths get oxygen into the lungs and coughing movements squeeze the heart and keep the blood circulating. The squeezing pressure on the heart also helps it to regain a normal rhythm.

In this way, heart attack victims can get help or to a hospital.

Again, I want to remind you to visit the NICARC website at www.navistarretiree.org. There you can find various news items from members, photos of our luncheon participants, club charter and bylaws, obituaries, list of board members and other things. You will also find a place to include your contact information if you want that information to be available to other club members. Jack Brey does an excellent job in maintaining the website and taking great photos of everyone at our luncheons and posting them on the website.

At the May 11 luncheon, each table will have a survey for each member to fill out or to send to me later, as instructed on the form. I urge everyone to complete it. We really do want your feedback.

As you have heard from me before, I repeat my plea for you to consider joining the NICARC Board. We could use some more members to bring new ideas and help us in making decisions on various issues. Do something good for your fellow retirees by serving. Let me know if you are interested. We need you.

Well, that's it for now. Hope to see you all in May.

Sincerely,

Linda Waggoner
President, NICARC

